

“All caregivers of people with Alzheimer’s - both women and men-face a devastating toll. Alzheimer’s disease caregivers can be “hidden patients” themselves. They often face a “triple Jeopardy,” experiencing significant emotional stress, extreme physical and financial burdens, and, in some cases, dealing with apathy or hostile behavior from the person receiving care.” (Ory, National Institute of Nursing Research, NIH)

- **GENERAL RESOURCES**

- Alzheimer’s Association, **2014 Alzheimer’s Disease Facts and Figures**, http://www.alz.org/alzheimers_disease_facts_and_figures.asp
- National Alliance for Caregiving and AARP. **Caregiving in the U.S.**, November 2009. http://assets.aarp.org/rgcenter/il/caregiving_09_fr.pdf
- AARP. **Valuing the Invaluable: 2011 Update**
The Growing Contributions and Costs of Family Caregiving
Lynn Feinberg, Susan C. Reinhard, Ari Houser, and Rita Choula
AARP Public Policy Institute
<http://assets.aarp.org/rgcenter/ppi/ltc/i51-caregiving.pdf>

- **INDIVIDUAL RESOURCES**

- [Predictors of dementia caregiver depressive symptoms in a population: the Cache County dementia progression study.](#)
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[Related citations](#)
- [Greater risk of dementia when spouse has dementia? The Cache County study.](#)
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- [The heterogeneous course of depressive symptoms for the dementia caregiver.](#)
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- [The differential impact of unique behavioral and psychological symptoms for the dementia caregiver: how and why do patients' individual symptom clusters impact caregiver depressive symptoms?](#)
Ornstein K, Gaugler JE, Devanand DP, Scarmeas N, Zhu C, Stern Y.
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- [The problem with "problem behaviors": a systematic review of the association between individual patient behavioral and psychological symptoms and caregiver depression and burden within the dementia patient-caregiver dyad.](#)
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- [Predictors and outcomes for caregivers of people with mild cognitive impairment: a systematic literature review.](#)
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- [Enhancing caregiver health: findings from the resources for enhancing Alzheimer's caregiver health II intervention.](#)
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- [Development of the risk appraisal measure: a brief screen to identify risk areas and guide interventions for dementia caregivers.](#)
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- [The Resources for Enhancing Alzheimer's Caregiver Health \(REACH\): project design and baseline characteristics.](#)
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- [The burdensome and depressive experience of caring: what cancer, schizophrenia, and Alzheimer's disease caregivers have in common.](#)
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